



# POWERING AFFORDABLE CARE

through comprehensive  
allergy testing



Similar symptoms make it difficult to differentiate between allergies, asthma, and respiratory infections. Accurately determining whether allergies are the cause of patients' symptoms can inform appropriate treatment.

Confidently treat patients with **reliable blood testing results**



**Deliver clear diagnoses** – Over 400 individual allergen tests, including nuts and foods, and regional respiratory allergen panels, provide objective numerical results and help identify the cause of symptoms quickly and efficiently.



**Get timely answers** – Rather than dedicating office resources to scratch tests, allergy blood testing allows providers to assess allergen sensitivities, often without waiting to refer patients to a specialist.



**Identify true allergies versus sensitivities** – Food allergen component testing can distinguish patients with a true food allergy from those who are only sensitive, without the risk of anaphylactic shock from an oral food challenge<sup>1,2</sup>

Simplify allergy testing and patient management with **ImmunoCAP™**, an easy, reliable blood test.

It quantitatively measures specific IgE antibody levels and identifies allergic sensitivities.

**Ease patients' minds** about allergy testing with a simple blood test



**Prioritize patient comfort** – Patients don't have to wait for a skin rash to clear before or after sampling, and a single blood draw can be collected more quickly and comfortably than a skin allergy test.



**Reduce risk of a reaction** – Allergy blood testing carries no severe risk of allergic reaction, and patients can continue use of allergy medications while the sample is collected and tested.

Visit [www.QuestAllergyTesting.com](http://www.QuestAllergyTesting.com) to learn more about allergy blood testing





## The possibilities of **allergy blood testing** with Quest Diagnostics

**Give patients freedom and peace of mind with a personalized management plan**

Allergy blood testing can determine a patient's tolerance level to allergy triggers. When used to create an individualized management plan, patients can enjoy peace of mind without fear of a systemic reaction.



## See the full picture with a **comprehensive menu of allergy tests**

Specific IgE blood tests like **ImmunoCAP** can accurately inform allergy diagnosis for effective care management. **Quest Diagnostics offers a full range of allergy testing, including:**



### **For patients with upper respiratory disorders (URDs)**

Rhinitis, sinusitis, allergic rhinitis, and other URDs can be caused by viral, bacterial, or allergic factors. Determining the ways allergens impact these symptoms with a whole allergen blood test like ImmunoCAP helps to establish effective treatment.



### **For patients with food allergies**

Various protein markers in whole allergens and allergen components give a clearer picture of patients' sensitivities and likelihood of reactions. Food allergen component testing with ImmunoCAP can help you tailor care plans for peanut, egg, cow's milk, and tree nut allergies.



### **For patients with asthma**

Multiple allergic triggers can cause or worsen asthma symptoms. Testing for allergy sensitivities with ImmunoCAP can identify patients' asthma triggers to better prevent and control asthmatic reactions.



### **For patients with pet, indoor, and outdoor allergies**

The combination of common allergens can develop into symptoms at varying levels depending on patients' sensitivities. The full range of allergen testing from ImmunoCAP allows you to predict and treat a patient's tolerance threshold for animal dander, outdoor allergens like pollens and other seasonal allergens, and indoor allergens like house dust mites and molds.



For more information on allergy blood testing and our complete test directory, visit **[www.QuestAllergyTesting.com](http://www.QuestAllergyTesting.com)**

#### **References**

1. Kattan JD, Sicherer SH. Optimizing the diagnosis of food allergy. *Immunol Allergy Clin North Am*. 2015;35(1):61-76. doi:10.1016/j.iac.2014.09.009
2. Sampson HA, Aceves S, Bock SA, et al. Food allergy: A practice parameter update—2014. *J Allergy Clin Immunol*. 2014;134(5):1016-1025. doi:10.1016/j.jaci.2014.05.013

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